



# Spa Treatment Menu

Calm your senses and soothe your soul with an indulgent array of massages for you to choose from. Leave your worries behind and surrender to the intuitive touch of our experienced spa therapists.

*“Let Your Wellbeing Blossom”*



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# Massage Therapy



## Ylang Ylang Therapeutic Massage

A deeply relaxing massage that uses signature blended oils and specialized techniques, focusing on stress-holding areas of the back, neck, and shoulders, where our spa therapist skillfully modifies pressure to relieve sore muscles.

## Filipino "Hilot" Massage

A traditional massage that involves intuition, wherein tailor-made Filipino massage techniques and holistic secrets work in synergy using warmed banana leaves slicked with virgin coconut oil to ease tensed muscles and identify areas that need more care.

## Aromatherapy Massage

A therapeutic treatment that harnesses the powerful effects of essential oils to restore balance to your body and bring harmony to your state of being.

## Renewal Massage

A massage therapy that invites relaxation through pressure points applied to your energy meridians with fingers, thumbs, palms, and even elbows to address all disharmonies and bring a sense of vitality.

## Deep Tissue Massage

A massage that uses firm pressure, reaching the deeper layers of the muscle to release tension and re-energize your core. It is ideal for those who indulge in sports and intense physical activity or for anyone suffering from muscular tension.



## Cocoon Massage

A prenatal therapy, thiās gentle, nurturing massage soothes, tones, and relieves the discomfort and exhaustion experienced by expectant mothers on their legs and backs.

## Ylang Ylang Foot Bliss

A gentle foot massage that stimulates acupressure points in your feet that correspond with various parts of the body, inducing a healing response and leaving you completely revitalized.

## Guasha Treatment

Guasha is a natural, alternative therapy that involves scraping the skin with rose quartz stone to relax stiff muscles and improve circulation. This ancient healing technique may offer a unique approach to address stagnant energy, called chi, in the body.

Facial Guasha helps relieve tension in the face, reduce puffiness and makes the face brighter, tighter skin with fewer fine lines.



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# Spa Indulgence

## Ultimate Body Glow

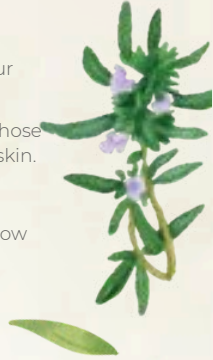
Restore smooth, radiant skin with our selection of exfoliating body scrub ingredients, each with its own unique texture and scent. Every treatment is completed with the application of a nourishing, hydrating lotion to lock in moisture and leave your skin velvety soft and protected.

## Ylang Ylang Body Polish

The ingredients in this "detoxifying" treatment are swiftly absorbed, stimulating your metabolic system while leaving your skin feeling soft and radiant.

**Aloe Cucumber Body Polish** - An Aloe Vera body masque that is perfect for those who have spent a long day in the sun to soothe sunburn and moisturize the skin.

**Papaya Pineapple Body Polish** - An aromatic tropical scrub that uses the metabolic stimulating powers of fruit enzymes to bring your skin a radiant glow and shine.



# Spa Collections

A curated experience that combines the best of our massages, body treatments, and hand and foot therapies for couples, for her and for him.

## Couples Romantic Getaway

A romantic break designed for couples or partners for pure indulgence and pampering.

A two-hour spa journey that includes a 45-minute Ultimate Glow Scrub, starting off with dry brushing, and ends with a relaxing 60-minute full-body massage of your choice.

Simply relax and enjoy a spa experience to remember with your loved ones.

## Ylang Ylang Bliss

Give your body a well-deserved tune-up with this ultimate treat that combines a 30-minute spa indulgence of your choice with a 60-minute Ylang Ylang therapeutic massage.

Take in the invigorating scent of the Queen of Flowers, Ylang Ylang, which is sure to brighten your day.

## Gents Exclusive Experience

Release all your built-up muscle tension and boost your flexibility. You will be ready to face the world after this delightful experience.

A 90-minute relaxing treatment that includes a 60-minute deep tissue massage and a 30-minute Ylang Ylang Foot Bliss.



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# Spa Etiquette

Please be informed of the guidelines to ensure that we can maximize your spa experience prior to arrival.

The spa is open daily from 12:00NN to 9:00PM.

## Booking your Spa Service

Reservations are highly recommended.

Please make your reservation through the Front Office mobile at 0917-807 3703, Spa reservations at 0960-338 0010, or email [spa@clubpuntafuego.com.ph](mailto:spa@clubpuntafuego.com.ph).

For hotel guests, simply call the spa reception on extension #130 or visit us in the Gym and Spa building.

## Nurture your Experience

Your health is our top priority. Please inform the team about any existing health conditions when booking your appointment, including high blood pressure, heart conditions, allergies, pregnancy, and any recent surgeries.

If you experience any discomfort during treatment, inform the spa therapist straight away.

## Guest Arrival

We recommend arriving 15 minutes early to make the most of your spa experience. This will maximize the treatment time and guarantee complete comfort. Keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied. You might also be rescheduled for the next available time slot as a courtesy to the following guest.

## Valuables

During your time with us, please leave your electronic devices and valuables in the safety deposit box in your room to ensure your security and the privacy of our guests. This will also give our guests some time to take a digital detox.

All guests are reminded that they are accountable for their own property and belongings.

## What to Wear

Feel free to come dressed comfortably. We will provide disposable underwear, a bathrobe, and slippers for your convenience.

Ylang Ylang Spa by Niyama Wellness reserves the right to deny entry to anyone who is in breach of the rules and regulations, whose conduct is offensive to other users, guests, or employees, or who presents a health and safety issue.

## Cancellation policy

Should you need to cancel an appointment, we would appreciate a 6-hour prior notice.

For cancellations made less than 6 hours prior to your appointment, a 50% cancellation fee of your spa treatment price will be applied to your account.

In the event of a "No show," the full rate of the treatment chosen will be charged.

## Payment

Gratuity is not included in your service. We leave it to your discretion.

We accept cash and major credit cards. The same can be added to the guest room account.

For members, it can be charged directly to your membership account.

Coupons and gift certificates must be presented upon use; otherwise, regular rates will apply. The validity indicated will be strictly followed.

Rates may change without prior notice.

## Health and Safety

For the safety of our guests and team members, Ylang Ylang Spa by Niyama Wellness strictly adheres to the IATF and the Local Government Unit guidelines.

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# Ylang Ylang Spa Treatment Rates

## MASSAGE THERAPIES

		Non-members	Members
Ylang Ylang Therapeutic Massage	60 min	Php 2,200	Php 1,800
Filipino "Hilot" Massage	60 min	Php 2,200	Php 1,800
Aromatherapy Massage	60 min	Php 2,200	Php 1,800
Renewal (Shiatsu) Massage	60 min	Php 2,200	Php 1,800
Deep Tissue Massage	60 min	Php 2,200	Php 1,800
Cocoon Massage	60 min	Php 2,200	Php 1,800
Ylang Ylang Foot Bliss	30 min	Php 1,300	Php 1,100
Guasha Treatment			
*Full Body Massage	60 min	Php 2,300	Php 1,800
*Facial Guasha	15 min	Php 600	Php 500

## SPA INDULGENCE

		Non-members	Members
Ultimate Glow Scrub	45 min	Php 2,800	Php 2,400
Ylang Ylang Body Polish	45 min	Php 2,800	Php 2,400
*Aloe Cucumber Body Polish			
*Pineapple Papaya Body Polish			

## SPA COLLECTIONS

		Non-members	Members
Couples Romantic Getaway	120 min	Php 8,800	Php 7,800
*15 min Dry Brushing + 45 min Scrub +60 min Full Body Massage			
Ylang Ylang Bliss	90 min	Php 4,200	Php 3,800
*60 min Full Body + 30 min Scrub/Wrap			
Gents Exclusive Experience	90 min	Php 3,000	Php 2,800
*60 min Deep Tissue + 30 min Foot Reflex			

Rates include tax, 10% service charge and are subject to change without prior notice.

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